**Registration Closes When All Slots are Filled** 

Includes continental breakfast, lunch, & program materials.

⇒ \$25 by 3/7/14; \$35 after 3/7/14 – Credit NOT included ⇒ \$45 by 3/7/14; \$55 after 3/7/14 – Includes professional credit

## Online Registration through Wake AHEC will open in January 2014

## 2013 Sponsoring Organizations

NAMI Durham ◆ NAMI Orange ◆ NAMI Western Carolina NAMI Alamance Caswell/Rockingham Co. ◆ NAMI North Carolina Cardinal Innovations Healthcare Solutions OPC Community Operations ◆ Josh's Hope Foundation, Inc. Mental Health America of the Triangle ◆ New Recovery Innovations' Wellness City One Mind Mental Illness Ministry ◆ Shared Visions Foundation Episcopal Diocese of NC ◆ NC Conference of the United Methodist Church - Committee on Disability Concerns

## **2013 Sponsoring Faith Communities**

Amity United Methodist Church ◆ Asbury United Methodist Church ◆ BAHA'I Assembly Olin T. Binkley Baptist Church ◆ Blacknall Memorial Presbyterian Church Blessed Sacrament Church ◆ Catholic Community of St. Thomas More ◆ Chapel Hill Bible Church ◆ Chapel of the Cross Episcopal Church ◆ Christ United Methodist Church Church of God Tabernacle of Prayer ◆ Church of Reconciliation ◆ Community Church of Chapel Hill UU Durham Mennonite Church ◆ Episcopal Church of the Holy Family First Presbyterian Church, Durham ◆ Holy Trinity Lutheran Church ◆ Mt. Carmel Baptist Church Newman Catholic Student Center Parish ◆ Orange United Methodist Church ◆ Pullen Memorial Baptist Church St. Matthew's Episcopal Church ◆ St. Michael's ◆ St. Paul United Methodist Church St. Philips Episcopal Church ◆ Union Baptist Church ◆ United Church of Chapel Hill University Presbyterian Church ◆ University United Methodist Church Watts Street Baptist Church ◆ Westminster Presbyterian Church

## Faith Connections on Mental Illness

The mission of Faith Connections on Mental Illness is to work with all faith communities to welcome, include, support, educate, and advocate for individuals and families who are living with mental illness.

Faith Connections meets on the 3rd Friday of each month at 3:30 p.m.St. Thomas More + 940 Carmichael St. + Chapel Hill, NC 27514

For more information, contact: 919.942.6227; faithconnectmi@aol.com www.faithconnectionsonmentalillness.org

# Connecting Faith Resources with Mental Health



Sponsored By Faith Connections on Mental Illness

At St. Thomas More Chapel Hill, NC

Friday, March 28, 2014 8:30 am - 3:30 pm

## Conference participants will...

- Discuss evidence-based benefit(s) of faith in promoting mental health;
- Advocate for enhanced spiritual care as complementary to mental health care;
- Cite examples of transformative congregational care of families and persons living with mental illness; and
- Identify local resources for enhancing mental health ministry and care

11-15-13

# Connecting Faith Resources with Mental Health

Sponsored By: Faith Connections on Mental Illness

Friday, March 28, 2014 8:30 am - 3:30 pm St. Thomas More - Chapel Hill, NC

- 8:30 am Registration & Exhibits/Book Sales
- 9:00 am Welcome & Introductions
- 9:10 am Evidence of Spirituality/Faith Effects: Enhancing Mental Health Keynote Speaker: Dr. Harold Koenig
- 10:00 am Break/Exhibits/Book Sales
- 10:15 am Speaker Panel: Questions & Answers on Spirituality & Mental Health Care Drs. Koenig & Kinghorn
- 11:30 am Lunch (Provided)
- 12:20 pm Remembering the Future: Engaging the Resources of Faith Traditions in Mental Health Care Invited Speaker: Dr. Warren Kinghorn
- 1:10 pm Break/Exhibits/Book Sales
- 1:30 pm Spiritual Life Effects on Depression Dr. Harold Koenig
- 2:20 pm Break/Exhibits/Book Sales & Signing
- 2:30 pm Establishing an Effective Congregational Mental Health Ministry Dr. Tonya Armstrong
- 3:20 pm Wrap-Up/Evaluation

Registration/Deadlines/Fees: wakeahec.org; 919-350-0461

# Keynote Speaker - Harold Koenig, MD



Dr. Harold G. Koenig is director of the Center for Spirituality, Theology, and Health at Duke University Medical Center, where he also serves on the faculty as Professor of Psychiatry and Behavioral Sciences, and Associate Professor of Medicine. He is on the faculty at King Abdulaziz University, Jeddah, Saudi Arabia, as a Distinguished Adjunct Professor. Dr. Koenig has published extensively in the fields of mental health, geriatrics, and religion, with nearly 400 scientific peer-reviewed articles and book chapters, and 40 books in print or in preparation, including "The

Healing Power of Faith," "Faith and Mental Health," and "Spiritual Caregiving." Dr. Koenig has given Congressional testimony concerning the benefits of religion and spirituality on public health, and travels world-wide to give workshops, seminars, and keynote presentations on the topic. He is considered one of the world's top experts on religion and health.

## Professional Continuing Education Units offered by Wake AHEC

# **Invited Speaker**

Warren Kinghorn, MD, ThD



Dr. Kinghorn is assistant professor of psychiatry and pastoral and moral theology at Duke University Medical Center and Duke Divinity School, and also a staff Psychiatrist at the Durham VA Medical Center. His interests include the role of faith communities in

caring for people with mental health problems, the moral and theological dimensions of combatrelated posttraumatic stress disorder, and the contributions of the theology and philosophy of St. Thomas Aquinas to contemporary debates about psychiatric diagnosis, psychiatric technology and human flourishing.

# Guest Speaker Tonya Armstrong, PhD, MTS



Dr. Armstrong is Minister of Congregational Care & Counseling at Union Baptist Church in Durham where she is Training Coordinator and Continuing Education Coordinator for Stephen Ministry, and Grief Support Group Facilitator. She also is director of The Armstrong Center for Hope in Durham. Dr. Armstrong specializes in psychological and spiritual wellness, taking a client-led biopsycho-social-spiritual view of the person in community, including couples and groups. Her expertise in practical service to members of the faith community will help guide us in developing such ministries in our own faith communities.

## **Connecting Faith Resources with Mental Health**

Sponsored by Faith Connections on Mental Illness Professional Credit Offered by Wake AHEC

### Friday, March 28, 2014 • St. Thomas More, Chapel Hill, NC

**Register online** at www.wakeahec.org **OR** complete both sides of this form.

#### Registration

\$25 by 3/7/14; \$35 after 3/7/14: Prof. Credit NOT included 

**\$45** by 3/7/14; **\$55** after 3/7/14: Includes professional credit \$ Total

(Last name + last 4 digits of Social PID#: Security #) If you have attended a Wake AHEC program in the last 6 months, we only need Your Personal ID (PID) number and a phone number. If there are changes to your personal data, please update your information below.

 $\Box$  Dr.  $\Box$  Mr.  $\Box$  Mrs.  $\Box$  Ms.

| First Name     | MI | Last | Last 4 digits of SSN (required) |      |        |
|----------------|----|------|---------------------------------|------|--------|
| Home Address   |    | City | State                           | Zip  | County |
| Home Phone     |    |      |                                 | Work | Phone  |
| E-mail Address |    |      |                                 | Fax  |        |

By providing your fax number, e-mail address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

## I am NOT registering for professional credit:

| Attendee Role ( <i>Reason for attending</i> ): □Faith Leader □ | Lay Person |
|--|------------|
| □Individual □Clergy □Other/Professional:                       |            |

Faith Community/Organization:

#### I AM registering for professional credit:

| Clinical Specialty | Degree(s)/Certification(s) |       |     |        |
|--------------------|----------------------------|-------|-----|--------|
| Employer Name      | Department Job Title       |       |     | tle    |
| Employer Address   | City                       | State | Zip | County |

Payment options & additional information on other side. \*NOTE: Registration will not be processed without payment.



Part of the North Carolina AHEC Program

Payment Options \*NOTE: Payment must accompany registration. No refunds will be issued. Substitutions are encouraged.

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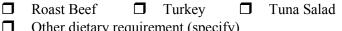
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Name as it appears on card (please print)

Lunch Selection - Continental breakfast and lunch are included



Other dietary requirement (specify)

National Board Certified Counselors Credit (NBCC): Wake AHEC is an NBCC-Approved Continuing Education Provider (ACEP™) and a cosponsor of this event/program. Wake AHEC may award NBCC-approved clock hours for events or programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event. Category A NC Psychology **Credit:** This program will provide contact hours of continuing education for North Carolina Psychologists. No partial credit will be awarded. Wake AHEC **CEU(s) and Contact Hours:** Wake AHEC will provide CEU to participants upon completion of this activity. No partial CEU credit will be given. Wake AHEC will provide up to contact hours to participants.

Participants must attend 100% of each session selected to receive credit. No partial session credit will be given.

# Register online at www.wakeahec.org or Fax: 919-350-0467

or Mail: Wake AHEC, Attn: Jacqueline Carter, 3261 Atlantic Avenue Suite 212, Raleigh, NC 27604-1657

For Questions Regarding Credit Call: Jacqueline Carter at 919-350-0461

### Program Sponsor Faith Connections on Mental Illness

The mission of Faith Connections on Mental Illness is to work with all faith communities to welcome, include, support, educate, and advocate f or individuals and families who are living with mental illness.

919-967-5403 • faithconnectmi@aol.com • faithconnectionsonmentalillness.org