Registration Closes When All Slots are Filled

Includes continental breakfast, lunch, & program materials.

- ⇒ \$25 by 3/20/15; \$35 after 3/20/15 Credit NOT included
- ⇒ \$45 by 3/20/15; \$55 after 3/20/15 Includes professional credit

Register today! www.wakeahec.org

Last Year's Sponsoring Organizations

NAMI Durham ♦ NAMI Orange ♦ NAMI Alamance Caswell/Rockingham Co.

◆ NAMI North Carolina ◆ Cardinal Innovations Healthcare Solutions ◆ Josh's Hope Foundation, Inc.

Mental Health America of the Triangle ◆ Durham Congregations in Action One Mind Mental Illness Ministry ◆ Shared Visions Foundation

NC Conference of the United Methodist Church ◆ NC Conference of the United Methodist Church - Disability Concerns Committee

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Asbury United Methodist Church lacktriangle Olin T. Binkley Baptist Church lacktriangle Blacknall Memorial Presbyterian Church

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Chapel Hill Bible Church ♦ Chapel of the Cross Episcopal Parish ♦ Chapel in the Pines

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First Presbyterian Church, Durham ◆ Holy Family Catholic Church

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St. Matthew's Episcopal Church ♦ St. Michael the Archangel Catholic Church ♦ St. Paul United Methodist Church

Union Missionary Baptist Church ◆ United Church of Chapel Hill

University Presbyterian Church ◆ University United Methodist Church (and United Women from UUMC)

Watts Street Baptist Church ◆ Westminster Presbyterian Church

Faith Connections on Mental Illness

The mission of Faith Connections on Mental Illness is to work with all faith communities to welcome, include, support, educate, and advocate for individuals and families who are living with mental illness.

Faith Connections meets on the 3rd Friday of each month at 3:30 p.m.

St. Thomas More • 940 Carmichael St. • Chapel Hill, NC 27514

For more information, contact: 919.942.6227; faithconnectmi@aol.com www.faithconnectionsonmentalillness.org

Help & Hope

Embracing Troubled Minds: The Role of Faith Communities

Sponsored By

Faith Connections on

Mental Illness

St. Thomas More Chapel Hill, NC

Friday, April 10, 2015 8:00 am - 4:30 pm

Objectives

At the conclusion of this activity, participants should be able to:

- State behaviors that evidence stigmas and fears toward those with mental illness.
- Apply 10 Steps for starting a Mental Health Ministry.
- Implement a Welcoming, Inclusive, Supportive and Engaging (WISE) Covenant for Mental Health in their congregations.
- Explain the step-by-step process for starting a spiritual support group.
- Identify local resources for enhancing mental health ministry and care.

12-14-14

Embracing Troubled Minds: The Role of Faith Communities

Sponsored By Faith Connections on Mental Illness

Friday, April 10, 2015 8:00 am - 4:30 pm St. Thomas More - Chapel Hill, NC

| 8:00 am | Registration & Exhibits |
|----------|--|
| 9:00 am | Welcome & Introductions |
| 9:15 am | Overcoming Fears and Prejudices In Our Faith Communities Keynote Speaker: Amy Simpson, MBA |
| 10:30 am | Break/Exhibits |
| 10:45 am | Break the Silence About Mental Illness: How to Start a Mental Health Ministry In Your Congregation Invited Speaker: Alan Johnson, MDiv |
| 11:30 am | Presentation of FCOMI Award Josh's Hope |
| 11:40 am | Lunch (Provided) |
| 12:30 pm | Breakout Sessions Choice of #1 or #2 |
| 1:45 pm | Transition Break |
| 2:00 pm | Breakout Sessions Choice of #1 or #3 |
| 3:15 pm | Break/Exhibits |
| 3:30 pm | What God Does Amy Simpson, MBA |
| 4:15 pm | Closing: A Blessing for the Church <i>Amy Simpson, MBA</i> |
| 4:30 pm | Adjournment |

Professional credits offered by Wake AHEC



Keynote Speaker - *Amy Simpson, MBA*

Amy Simpson is the award-winning author of Troubled Minds: Mental Illness and the Church's Mission and Anxious: Choosing Faith in a World of Worry (both InterVarsity Press). She is a Co-Active personal and professional coach for clients throughout the United States, and enjoys coming alongside people to help them own their purpose, step forward, and live in truth. She also serves as

editor of Gifted for Leadership, Senior Editor of Leadership Journal, and speaks for various events. Amy is a member of Ink: A Creative Collective. She is married to Trevor Simpson, a licensed clinical professional counselor, and is mom to two girls. They live in Illinois. You can find her at AmySimpsonOnline.com and on Twitter @aresimpson.



Invited Speaker - Alan Johnson, MDiv

Rev. Johnson is Co-Founder of Interfaith Network on Mental Illness (INMI), Boulder, CO and developer of resources for the INMI website: www.inmi.us. He graduated from Yale University Divinity School, and pastored churches for many years before becoming chaplain at The Children's Hospital and University Hospital, Denver. He continues to facilitate the Spiritual Support Group for Mental Health and

Wellness. Since he retired, Rev. Johnson has been very active in the mental health ministry nationwide, including coordinating the three national United Church of Christ Widening the Welcome: Inclusion for All Conferences, 2010-2012, and chairing the Planning Team for 2015. He is developer of resources for faith communities to engage in mental health ministry (www.mhnucc.blogspot.com).

Guest Speakers

Shelley Danser, LCSW

Program Coordinator for the Pro Bono Counseling Network and the Compeer Program at Mental Health America of the Triangle (mhatriangle.org).



John Gilmore, MD

Director of UNC Schizophrenia Research Center, and Medical Director of the UNC STEP Community Clinic - Wake in Wake County. Dr. Gilmore's research focuses on pre- and early

postnatal brain development and how

it contributes to risk.



- #1. How to Start a Spiritual Support Group in Your Congregation, Rev. Johnson
- #2. Local Community Mental Health Resources, Ms. Danser*
- #3. The Effect of Early Brain Development on Risk of Developing Schizophrenia, Dr. Gilmore*

Sessions marked with an () are only eligible for NBCC & Category A NC Psychology credit

Embracing Troubled Minds: The Role of Faith Communities

Sponsored by Faith Connections on Mental Illness In Collaboration with Wake AHEC

Friday, April 10, 2015 ♦ St. Thomas More, Chapel Hill, NC

Register online at www.wakeahec.org OR complete both sides of this form.

| | 20/15; \$3 | | | | edit <u>not</u> included | |
|--------------------|--|--|---------------------------------|------------|--|--|
| \$45 by 3/2 \$ | 20/15; \$5! To | 5 after 3/20/15: <u>I</u> tal | <u>ncludes</u> p | orofes | sional credit | |
| | number a e your info | e AHEC program ind a phone number mation below. | in the last 6 | months | of Social Security #j, we only need You ges to your persona | |
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| Home Address | | City | State | Zip | County | |
| Home Phone | | | Work Phone | | | |
| permission for us | to contact y | r, e-mail address an you via the numbers r professional cr | and addres | | r, you have granted ted. | |
| Attendee Role | (Reason fo | or attending): Other/Profess | aith Leade | r $\Box L$ | ay Person | |
| Faith Commun | ity/Organi | zation & City: | | | | |
| I AM registeri | ng for pro | ofessional credit: | | | | |
| Clinical Specialty | | Degree(s)/C | Certification(s) |) | | |
| Employer Name | | Department | : | Job | Title | |
| Employer Address | ······································ | City | State | Zip | County | |

Payment options & additional information on other side. *NOTE: Registration will not be processed without payment.

Visit www.wakeahec.org for our ADA Statement and Inclement Weather Policy. 12/09/14



Payment Options *NOTE: Payment must accompany registration. Vouchers not accepted. No refunds will be issued. Substitutions are encouraged. \$ total (from other side) 8590-44651ad Check enclosed (Make payable to Wake AHEC.) Charge my: Corporate Card ☐ Personal Card Discover MasterCard □ VISA **AMEX** Card # Exp. Date Authorized Signature Name as it appears on card (please print) **Lunch Selection -** *Continental breakfast and lunch are included.* Roast Beef ☐ Turkev ☐ Tuna Salad □ Vegan Gluten Free **Breakout Session -** Choose one for each time period

Sessions marked with an () are only eligible for NBCC & Category A NC Psychology credit

2:00 pm: □ #1 OR □ #3*

12:30 pm: □ #1 OR □ #2*

National Board Certified Counselors Credit (NBCC): Wake AHEC is an NBCC-Approved Continuing Education Provider (ACEP™) and a cosponsor of this event/program. Wake AHEC may award NBCC-approved clock hours for events or programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event. 2.5 hours

Category A NC Psychology Credit: This program will provide 2.5 contact hours of continuing education for North Carolina Psychologists. Partial credit will not be awarded.

Wake AHEC CEU(s) and Contact Hours: Wake AHEC will provide 0.5 CEU to participants upon completion of this activity. Wake AHEC will provide up to 5.25 contact hours to participants. Partial credit will not be awarded.

Participants must attend 100% of each session selected to receive credit.

Partial session credit will not be awarded.

Register online at www.wakeahec.org or **Fax**: 919-350-0467 **Mail**: Wake AHEC, 3261 Atlantic Avenue, Suite 212, Raleigh, NC 27604-1657 For questions regarding credit call 919-350-0480.

Program Sponsor Faith Connections on Mental Illness

The mission of Faith Connections on Mental Illness is to work with all faith communities to welcome, include, support, educate, and advocate for individuals and families who are living with mental illness.