

## Registration Closes When All Slots are Filled

*Fee includes program materials and certificate of completion.*

*Breaks and lunch are provided.*

\$35; \$45 after 3/13/17 – Credit NOT included

\$75; \$100 after 3/13/17 – Includes professional credit

Register online at [www.wakeahec.org](http://www.wakeahec.org).

### Last Year's Sponsors & Exhibitors

#### Sustainers (\$500 or more)

Binkley Baptist Church, Chapel Hill; NAMI Durham; NAMI North Carolina; NAMI Orange County; NC Conference of the United Methodist Church; Shared Visions Foundation; St. Thomas More Catholic Church, Chapel Hill; The Chapel of the Cross Episcopal Church, Chapel Hill; University United Methodist Church, Chapel Hill; Watts Street Baptist Church, Durham

#### Supporters (\$250 – \$499)

Chapel Hill Bible Church; Christ United Methodist Church, Chapel Hill; St. Matthew's Episcopal Church, Hillsborough; St. Michael the Archangel Catholic Church, Cary; St. Philip's Episcopal Church, Durham; University Presbyterian Church, Ch. Hill; Westminster Presbyterian Church, Durham

#### Contributors (\$100 – \$249)

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#### Sponsors (Up to \$99)

Alliance Behavioral Healthcare; Chapel Hill Friends Meeting Mental Health Group; Club Nova; Our Brother Legion; Pfeiffer Institute Reach; Pullen Memorial Baptist Church, Raleigh; Recovery International; Reimagining Health Collaborative at Duke Divinity

#### Exhibitors

Alliance Behavioral Healthcare; Cardinal Innovations Healthcare; Club Nova; Faith Connections on Mental Illness; Josh's Hope Foundation; Mental Health America of the Triangle; National Alliance on Mental Illness (NAMI) NC; Old Vineyard Behavioral Health Services; Our Brother Legion; Pfeiffer Institute Reach; Recovery International



### Faith Connections on Mental Illness

*The mission of Faith Connections on Mental Illness is to work with all faith communities to welcome, include, support, educate, and advocate for individuals and families who are living with mental illness.*

*Faith Connections on Mental Illness is a 501(c)(3) nonprofit organization.*

*Your contribution is tax-deductible to the extent allowed by law.*

# Transforming Lives: Overcoming Stigma in Mental Illness

Sponsored By

*Faith Connections on  
Mental Illness*

St. Thomas More Catholic Church  
940 Carmichael Street  
Chapel Hill, NC

Friday, March 31, 2017

**Registration:** 7:30 am

**Program:** 9:00 am - 4:30 pm

### Learning Objectives

**At the conclusion of the educational activity, participants should be able to:**

- Identify approaches and strategies for combatting stigma.
- Recognize the role that the media plays in promulgating negative stereotypes about mental illness.
- Discuss how local schools deal with mental illness.
- Identify the role of race in perceptions about mental illness disparities.
- Recognize the legal and social barriers facing people living with mental illness.
- Identify factors that lead to compassion fatigue by those responsible for the care of people living with mental illness.
- Relate through personal stories those that have suffered from the stigma of living with mental illness, with an emphasis on positive ways of coping with the stigma.

## AGENDA

### Transforming Lives: Overcoming Stigma in Mental Illness

Friday, March 31, 2017

- 7:30 am Registration/ Exhibits/ Continental Breakfast
- 9:00 Welcome
- 9:10 About Faith Connections
- 9:20 **\*Fair and False Ways to Beat the Stigma of Mental Illness**  
Keynote Speaker: *Patrick Corrigan, PsyD*
- 10:20 Break/Exhibits
- 10:45 **\*Stereotyping Those Living with Mental Illness**  
Plenary Lecturer: *Don Diefenbach, PhD*
- 11:45 Announcements
- 12:00 pm Prayer/ Lunch (Provided)/ Exhibits
- 12:45 **Breakout Sessions (Choice of 1 or 2)**  
1. *Caregiver Burnout & Compassion Fatigue* or  
2. *Fighting Discrimination: Advocacy and Mental Illness*
- 1:45 Transition Break
- 2:00 **Breakout Sessions (Choice of 3 or 4)**  
3. *Race, Culture, & Mental Health Disparities* or  
4. *Overcoming the Stigma of Mental Illness In Schools*
- 3:00 Transition Break
- 3:15 **Conclusion: Telling Our Stories**
- 4:00 Closing Words/ Prayer
- 4:30 pm Adjourn

Handouts will be posted at  
[faithconnectionsmentalillness.org](http://faithconnectionsmentalillness.org)

### Keynote Speaker - Patrick Corrigan, PsyD

Distinguished Professor of Psychology  
Illinois Institute of Technology, Chicago



Stigma may be as disabling as mental illness itself. Hence, progressives have attempted valiant efforts to erase it. Sometimes these efforts have led to unintended negative effects. Dr. Corrigan will briefly review these effects and focus on ways that in fact help to replace stigma with affirming attitudes and behaviors. The secret to effect stigma change is to implement strategies that empower people with life experience.

### Plenary Speaker - Don Diefenbach, PhD

Professor and Chair of Mass Communication  
University of North Carolina - Asheville



The media shapes our ideas and ways in which we understand those around us. For those living with mental illnesses, the implications of the often negative and inaccurate portrayals of mental health issues are significant. Stigma due to negative media coverage impedes recovery, triggers discrimination and prejudice, and creates barriers to seeking and finding decent housing, employment, and education. Dr. Diefenbach will discuss the role that the media plays in perpetuating negative stereotypes about mental illness and suggest ways that the faith community could help correct those inaccuracies.

### Breakout Sessions

- Caregiver Burnout and Compassion Fatigue**  
*Carl Clark, MDiv, Staff Chaplain (Psychiatry), UNC Hospitals & UNC WakeBrook; and Panelists*
- Fighting Discrimination: Advocacy and Mental Illness**  
*Corye Dunn, JD, Director of Public Policy, Disability Rights North Carolina*
- Race, Culture, and Mental Health Disparities**  
*Jason Ashe, MDiv, Academic Counselor, North Carolina Central University*
- Overcoming the Stigma of Mental Illness in Schools**  
*Sophie Jin, Abby Roussin, Cali Merron, and Hailey Wunder, Students at East Chapel Hill High School*

**Transforming Lives: Overcoming Stigma in Mental Illness**

**Friday, March 31, 2017**

**Register online** at [www.wakeahec.org](http://www.wakeahec.org) **OR** complete both sides of this form.

**\*NOTE: Registration will not be processed without payment or supervisor's signature.**

- \$35; \$45** after 3/13/17: **Professional credit not included. No refunds will be issued. Substitutes encouraged.**
- \$75; \$100** after 3/13/17: **Includes professional credit. \$30 cancellation fee. Refunds will only be issued if we are notified by 5 pm on March 27,2017.**

PID#: \_\_\_\_\_ (Last name + last 4 digits of Social Security #)  
 If you have attended a Wake AHEC program in the last 6 months, we only need Your Personal ID (PID) number and a phone number. If there are changes to your personal data, please update your information below.

Dr.  Mr.  Mrs.  Ms.

First Name	MI	Last	Last 4 digits of SSN (required)		
Home Address	City	State	Zip	County	
Home Phone	Work Phone				
Preferred E-mail (REQUIRED)	Fax				

*By providing your fax number, e-mail address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.*

**Are you requesting professional credit?**  Yes  No  
 If YES, please provide information below

Occupation	Degree(s)/ Certification(s)				
Employer Name	Department	Job Title			
Employer Address	City	State	Zip	County	
Attendee Role (Reason for attending):					
<input type="checkbox"/> Faith Leader <input type="checkbox"/> Lay Person <input type="checkbox"/> Individual <input type="checkbox"/> Clergy <input type="checkbox"/> Other/Professional					

**Payment Options- Payment of check, credit card, or supervisor signature must accompany registration.**

Check enclosed (Make payable to Wake AHEC.) 50203km

**Charge my:**

- Discover
- Corporate Card
- Personal Card
- MasterCard
- VISA
- AMEX

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Authorized Signature \_\_\_\_\_ Name as it appears on card (please print)

Employer will make payment. Supervisor completes below and fax registration to 919-350-0470.

Supervisor's Name (Printed) \_\_\_\_\_ (Signature) \_\_\_\_\_ (Phone) \_\_\_\_\_

*By signing, I am certifying that agency payment will follow. If you have a balance due and do not attend or send a substitute, you will be invoiced for the full program fee.*

**Lunch Selection - Continental breakfast and lunch are provided.**

- Ham & Cheese
- Turkey
- Tuna Salad
- Gluten Free/ Vegan

**Breakout Sessions - Choose one for each time period**

**12:45 pm**  1 OR  2 ◆ **2:00 pm**  3 OR  4

**Only the sessions marked with an (\*) are eligible for Category A NC Psychology credit.**

**Wake AHEC CEU:** Wake AHEC will provide 0.5 CEU to participants upon completion of this activity.

**Contact Hours:** Wake AHEC will provide up to 5.00 Contact Hours to participants.  
**Category A NC Psychology Credit:** This program will provide 2.0 contact hours of continuing education for North Carolina Psychologists.

**Public School Personnel Renewal Credit (PSPR):** Certificates for 5.00 contact hours of education will be awarded at the completion of the program.

**Participants must attend 100% of each session selected to receive credit.**

**Partial session credit will not be awarded.**

**Register online at [www.wakeahec.org](http://www.wakeahec.org) or Fax: 919-350-0470**

**Mail:** Wake AHEC, 3261 Atlantic Avenue, Suite 212, Raleigh, NC 27604-1657

Program Sponsor  
**Faith Connections on  
 Mental Illness**



[faithconnectionsmentalillness.org](http://faithconnectionsmentalillness.org)

Questions, contact Kristen Murphy  
 at 919-350-0464 or [krmurphy@wakeahec.org](mailto:krmurphy@wakeahec.org).



*Wake AHEC is part of the North Carolina AHEC Program.*