

SAVE THE DATE! Friday, April 13, 2018

Faith Connections on Mental Illness 8th Annual Conference
Cultivating Mental Health: Hope and Healing
At St. Thomas More Catholic Church in Chapel Hill, NC

Speakers and topics include:



**Jonathan Benz, MS, CASAC,
MCAP, ICADC, CDWF**

Care Coordination Supervisor,
NADAP, New York City, NY

Substance Use, Addiction, and the Faith Community

Mr. Benz, an ordained minister and addictions specialist, will explore a clinical view of addiction while examining specific challenges and strengths that a spiritual worldview can bring to the subject.



Paul Nagy, LPC, LCAS, CCS

Assistant Professor of Psychiatry
and Behavioral Sciences,
Duke University School of Medicine

**From Stigma to Science: Understanding and
Helping Persons with Substance Use Disorders**

Mr. Nagy will present how helping those with addictions requires a stage-wise, adaptive, chronic disease management to improve efforts for facilitating sustainable recovery.



Dan Blazer, MD, PhD

Professor of Psychiatry and
Behavioral Sciences,
Duke University School of Medicine

Depression in the Elderly: A Personal View

Dr. Blazer will discuss the multidimensional aspects of late life depression and act out an older man who is visiting the doctor's office to be evaluated for depression.



Angela Whitenhill, MDiv, LCSW

Mental Health Initiative Manager, National
Benevolent Association, St. Louis, MO

**Speaking into the Silence: Breaking the Stigma of
Mental Illness in Faith Communities**

Ms. Whitenhill will offer personal insight, foundational mental health education and practical strategies for clergy and congregations.



Thava Mahadevan, MS, LCAS

Director of Operations, UNC Center for
Excellence in Community Mental Health.
Executive Director, Cross Disability Services

**Shop Local: Facing the Mental Health Challenges and
Building Innovative Local Solutions**

Mr. Mahadevan will explore local challenges and highlight some creative solutions to overcoming barriers for people living with a serious mental health condition to live successfully in our community.



Faith Connection on Mental Illness works with all faith communities to advocate for and to support and educate individuals and families who are living with mental illness.



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