## Connecting Faith Resources With Mental Health

- Sponsored By -

Faith Connections on Mental Illness

Friday, March 28, 2014

8:30 a.m. to 3:30 p.m.

St. Thomas More

940 Carmichael Street ♦ Chapel Hill, NC 27514



**Dr. Koenig:** Keynote speaker; psychiatrist, author, professor, one of the world's top experts on religion and health.





Dr. Kinghorn Dr. Armstrong

- ♦ Evidence of Spirituality/Faith Effects: Enhancing Mental Health presented by Harold Koenig, MD
- ♦ Remembering the Future: Engaging the Resources of Faith Traditions in Mental Health Care presented by Warren Kinghorn, MD, ThD
- ♦ Spiritual Life Effects on Depression presented by Dr. Koenig
- ♦ <u>Establishing an Effective Congregational Mental Health Ministry</u> presented by Tonya Armstrong, PhD, MTS
- ♦ Speaker Panel: Questions & Answers on Spirituality & Mental Health Care presented by Drs. Koenig & Kinghorn

REGISTRATION

Before 3/7: \$25; After 3/7: \$35; includes lunch Optional professional credits via Wake AHEC: \$20

Online at www.wakeahec.org or call 919-942-6227 for a paper form.

www.faithconnectionsonmentalillness.org





## FAITH CONNECTIONS ON MENTAL ILLNESS

## Help & Hope

Faith Connections on Mental Illness is presenting a day-long workshop to help faith communities engage, encourage, and serve persons who suffer from mental illness and those who care for them. Clergy, lay leaders, individuals, and professionals are invited to attend.

"Connecting Faith Resources with Mental Health," will be held on Friday, March 28, 2014 at St. Thomas More Catholic Church, 940 Carmichael St., Chapel Hill, NC. Keynote speaker Dr. Harold Koenig of Duke University Medical Center has published extensively in the fields of mental health, geriatrics, and religion.

Also speaking, and participating in a panel discussion on spirituality and mental health care, is Warren Kinghorn, MD, ThD, assistant professor of psychiatry and pastoral and moral theology at Duke University Medical Center and Duke Divinity School. Tonya Armstrong, PhD, MTS, will bring a practical viewpoint on integrating faith communities with mental health ministries.

Registration is \$25/person by March 7 and \$35 thereafter. CEUs are optional for an additional \$20 via Wake AHEC. Visit faithconnectionsonmentalillness.org to learn more. Register online at www.wakeahec.org or call 919-942-6227 for a registration form.

## Faith Connections on Mental Illness

The mission of Faith Connections on Mental Illness is to work with all faith communities to welcome, include, support, educate, and advocate for individuals and families who are living with mental illness.

Faith Connections meets on the 3rd Friday of each month at 3:30 p.m. St. Thomas More • 940 Carmichael St. • Chapel Hill, NC 27514

For more information contact: 919.942.6227; faithconnectmi@aol.com www.faithconnectionsonmentalillness.org