

Public Education Meeting

Suicide Prevention is Everybody's Business

Tuesday, Sept. 4th @ 7 p.m.

Southwest Regional • 3605 Shannon Rd.

Join NAMI Durham and the Durham County Library in the first of an eight-part series about mental health.

Gary H. Cunha, MSW, LCSW, Suicide Prevention Coordinator at Durham VA Medical Center will provide Operation S.A.V.E. training. This training will help you recognize the signs of suicidal thinking and how to act with care and compassion if you encounter someone who is in suicidal crisis.

For information and help, call NAMI's non-crisis Warm Line at 919-231-5016.



DURHAM COUNTY
Library



NAMI | **Durham**
National Alliance on Mental Illness

For more information call (919) 560-8590 or visit durhamcountylibrary.org