### Faith Connections on Mental Illness

Invites you to join our team for



# **MENTAL HEALTH AWARENESS**& Fundraising Event

Date:	Saturday, May 21, 2022
Location: Distance:	Dorothea Dix Park, Raleigh, NC 5K (3.1 miles) Shorter Route Available
9:00 am - 2:00 pm	Walk & Fun Activities

#### Post on social media: #Together4MH

Sign up online at

or contact Kim Batson: kmccbat@aol.com or 919-265-9820

- NO CHARGE to walk. All participants are encouraged to collect donation from family members, friends, co-workers, and business associates in support of their participation.
- All the funds collected by Walkers will be used to fund NAMI's programs across NC and locally, including support, education, research, and advocacy involving schizophrenia, bipolar disorder, major depression, obsessive-compulsive disorder, post-traumatic stress disorder (PTSD) and severe anxiety disorders.

EVERYONE is invited to walk with FCMI: Individuals, faith communities, non-profits, businesses

#### 2022 NAMIWalks

Faith Connections on Mental Illness is an inter-faith coalition whose mission is to work with all local faith communities to advocate for and to support and educate individuals and families who are living with mental illness.

Stroller, Wheelchair, & Scooter Accessible.

Leashed dogs welcome!

## In the same spirit, our Walk Team is open to all.

We invite individuals, congregations, and organizations to walk/donate with us, joining as an individual or as a representative of your own faith community or entity. Congregations that have their own team are invited to affiliate with our corporate team to broadcast the statement that FAITH COMMUNITIES CARE ABOUT MENTAL HEALTH.

Through education and advocacy in the community and individual congregations, Faith Connections offers support and comfort to the mentally ill and those who care for and about them. Learn more at our website: faithconnectionsonmentalillness.org

All contributions – no matter how small – will be gratefully accepted. It is easy and safe to donate online, or you can give a check to any team member (made out to NAMI NC).

Post what you do: #Together4MH

