



Faith Connections on Mental Illness

FCMI

Become a Youth Mental Health First Aider!

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illness and substance use disorders in youth. This 6-hour training gives adults who work with youth the skills they need to reach out and provide initial support to children and adolescents (ages 6-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care.

The course will take place on **Friday December 10, 2021** at St Thomas More Church, 940 Carmichael Street, Chapel Hill. The one-day training will last from 9:00 AM until 4:00 PM. The in-training person cost is \$10.00 and includes lunch. If you are interested, please let us know by sending your EMAIL to: mmitchell956@gmail.com. Registration is limited to 15 people and is required in advance. Registration closes on November 25, 2021. Payment can be brought on the day of class. This class is supplemented by funds from Faith Connections on Mental Illness.

More information about the training is located at: [Youth - Mental Health First Aid](#) or contact Marianne Mitchell at mmitchell956@gmail.com.



Mental Health **FIRST AID**

from NATIONAL COUNCIL FOR MENTAL WELLBEING

Faith Connections on Mental Illness

The mission of Faith Connections on Mental Illness is to work with all local faith communities to advocate for and to support and educate individuals and families who are living with mental illness.



Meeting Virtually on the 2nd Monday of the Month

Send Mail To: P.O. Box 3502 ♦ Chapel Hill, NC 27515

info@faithconnectionsmentalillness.org ♦ faithconnectionsmentalillness.org

On FaceBook ♦ <https://www.facebook.com/faithconnectionsmentalillness>